

DRAFT Decision Aid for Palliative Referral (DAPR)

PRIMARY CRITERIA: DIAGNOSIS of potentially life limiting illness or chronic illness with evidence of progression
 directions: select ALL that apply. **Score 2 points for each**

- Advanced Cancer
 - Metastatic disease
- Advanced Cardiac Disease
 - Cardiomyopathy
 - Severe or recurrent heart failure
 - Valvular disease not appropriate for surgery
 - Severe pulmonary hypertension
 - Severe CAD not a candidate for revascularization
 - High grade AV block and declines pacing therapy
 - Candidate for heart transplant or LVAD
- Advanced Pulmonary Disease
 - Acute on chronic respiratory failure
 - Hypoxemia or Hypercapnia
 - Recurrent pulmonary infections
- Advanced Kidney Disease
 - Chronic Kidney Disease stage 4 or 5
 - GFR less than 30
- Advanced Liver Disease
 - Ascites despite max diuretics
 - Hepatic Encephalopathy
 - MELD score greater than 18
- HIV disease with wasting syndrome
- Progressive Neurological Disease (examples)
 - ALS
 - Parkinsons with Lewy Bodies
- Stroke
 - Persistent Altered Mental Status
 - Dysphagia (failed swallow study)
- Advanced Dementia
 - Non-ambulatory
 - Incomprehensible or very limited speech
 - Dysphagia/ tube feeds
 - Recurrent Infections (UTI, Pneumonia)
- Other life-limiting condition

(2 points each) Primary Criteria SCORE: _____ (Must meet primary criteria to continue to secondary criteria)

SECONDARY CRITERIA: Distress indicators. **Score 1 point for each**

Physical/Psychological COMFORT Functional Status	<ul style="list-style-type: none"> <input type="checkbox"/> Uncontrolled or chronic symptoms that interfere with quality of life: __pain __dyspnea __nausea/ vomiting __constipation/ diarrhea __rapid weight loss __swallowing difficulty __anxiety __agitation __fatigue __irritability __tearfulness __confusion __hallucinations <input type="checkbox"/> Marked change in functional or performance status (↓ by 20% or greater) in last 2 months <input type="checkbox"/> Permanent tube feeding for life sustaining purposes <input type="checkbox"/> Co-morbid disease of any major organ system: __Cardiac __Pulmonary __Renal __Neurologic __Hepatic __Skin (progressing or non-healing wounds) __Cancer
Social Communication and Decision Making Ethics	<ul style="list-style-type: none"> <input type="checkbox"/> Patient/family express concerns or distress related to health / illness (may include): __fear __anger __guilt __alienation __despair __grief (current situation or previous loss) <input type="checkbox"/> Limited support network (fewer than 3 people who are will or able to assist) <input type="checkbox"/> No Advance Directive and life support or end-of life care decisions may need to be made <input type="checkbox"/> Surrogate/ health care representative is distressed or ambivalent about making decisions <input type="checkbox"/> Code status: there is conflict about code status designation <input type="checkbox"/> Confusion or disagreement about prognosis, goals of care, or use of specific interventions <input type="checkbox"/> Ethical concerns
Spiritual Existential	<ul style="list-style-type: none"> <input type="checkbox"/> As related to God, religion, or meaning to their life, patient or family express: __alienation __despair __anger __fear __guilt __grief <input type="checkbox"/> Hopelessness or spiritual abandonment <input type="checkbox"/> Patient or family express spiritual distress or question meaning of life eg. "Why is this happening to me?" "How could God do this?"
Service Utilization	<ul style="list-style-type: none"> <input type="checkbox"/> 3 or more Emergency Department visits during the past 6 months <input type="checkbox"/> 2 or more Hospitalizations during the past 6 months <input type="checkbox"/> From Extended Care Facility and has history of ADL dependence or cognitive impairment <input type="checkbox"/> Admission is for recurrent symptomatic issues (eg. shortness of breath)

(1 point each) Secondary Criteria Score: _____

SCORING: Primary Criteria _____ + Secondary Criteria _____ = SCORE _____

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