# Managing Workplace Conflict

Organizational Growth Through Mediation

Janice Kopec, BA, CDP Jeff Stanicki, BA, CDP Provider Relations Hospice of the Western Reserve

# Objectives

- Define Conflict Resolution
- Identify Effects of Organizational Conflict
- Lead a Managerial Mediation Session to resolve disputes

### **Conflict Resolution**

- What is Conflict???
- Defining and Understanding Conflict

# **Healthcare Workplace Conflicts**

- Workforce Issues-Staffing
- Regulatory Requirements
- Competitive Environment/Interests
- High Expectations
- Ethical Issues
- Reimbursement Complexities

### Are Healthcare Conflicts Different?

 Disputes accompanied by-Strong Emotions
 High Stakes (often life and death)
 Complex Issues
 Multiple Parties Effected
 Constant Change in Uncertain Environment

### A Reason for High Levels of Conflict

#### **INTENSITY**

- \*Subtle spread of emotions from person to person
- \*Often below the level of consciousness
- \*Caregivers exposed to high stress situations
- \*Emotions and moods often transferred

### **Healthcare Dispute Categories**

- Workforce
- Patient/Provider
- Bio-Ethical
- Third Party Reimbursement/MCO's
- General Business

### Clash of Value Systems

• Decisions are often based on :

Our interests

Our values

Our feelings-

To BE: cared about, understood, appreciated, trusted, accepted and respected.

Not having the ability to recognize other perspectives is often a prescription for conflict.

# **Effects of Workplace Conflict**

- Why does is matter to the organization?
- 1. Cost
- 2. Risk
- 3.Impact on Decision Quality

# **Cost of Organizational Conflict**

- Wasted Time
- Loss of Motivation
- Productivity
- Performance
- Absenteeism
- Talent Loss
- Decision Quality

# Risks of Organizational Conflict

- Behavioral Issues
- Vandalism
- Retaliating Law Suits
- Workplace Violence

### Impact on Decision Quality

- Information Distortion
- Power Contest
- Judgment
- Political
- Personalization
- Role Dysfunction

#### Identification of CONFLICT

How do you know there is a conflict?

A condition between people who are task interdependent and where one or both feel angry and find fault with the other and use behaviors that cause a business problem.

# **Behaviors Indicating Conflict**

- Distancing= Walk Away (flight)
- Avoidance
- Withdrawal
- Withholding Information
- Not Returning Messages
- Silent Treatment

# **Behaviors Indicating Conflict**

- Coercion=Power Plays (fight)
- Threats
- Pre-empting
- Gathering allies
- Shouting
- · Hostile gestures

### **Conflict Resolution Continuum**

- Negotiation
- Mediation
- Arbitration
- Adjudication

Individuals involved in the conflict have more control over the process and outcome using voluntary ADR methods.

# A Better Strategy: The Essential Process of Mediation

Face to face
talking about the problem
without interruption
long enough to find a solution.

# Objective of Managerial Mediation

Determine the following:

- Identifying Conflict and its behaviors
- When to use
- How to use
- · When not to use

### What is Managerial Mediation

- A business meeting about a business problem
- For the benefit of the organization
- · Normally initiated by the manager
- · Facilitated by the manager
- Delegates problem solution to employees

### When to use Managerial Mediation

• Is the conflict appropriate?

Define the problem.

• Why does it matter to me?

Observe effect on others.

• What is the purpose/problem?

Reaching a balanced agreement.

• Who will solve the problem?

# When NOT to use Managerial Mediation

- To establish innocence or guilt
- As a form of punishment
- As a substitute for discipline
- As a substitute for job training
- As a substitute for EAP service
- To decide right and wrong
- To address a poorly defined problem

## Steps of Managerial Mediation

- Step 1: Decide to mediate
- Step 2: Hold preliminary meeting(s)
- Step 3:Plan the context
- Step 4:Hold the three-way meeting
- Step 5:Follow-up

### **Preliminary Meeting Objectives**

- To define the business problem to be solved.
- To show why and what evidence exists.
- To hear each persons "side of the story".
- To explain key information about three-way meeting. (roles of each participant)
- To prepare for effective participation.
- To secure the person's commitment to attend.

### Planning the Context

- Clear Environment
- Location
- Physical Environment
- Time of day/week
- Who attends
- Duration

# Manager as Mediator Tasks

- Keep Disputants Engaged
  - NO- Walk Aways
  - **NO- Power Plays**
- Support Conciliatory Gestures
- W.A.I.T. "Why am I Talking?"
- Stay in Essential Process

### **Techniques to Move Progress**

- Brainstorming
- · Reframing Issues
- Active Listening
- De-Escalation of Conflict

### **Conflict Mountain**

- Confrontation Phase
- Breakthrough Phase
- Conciliatory Phase

# Reaching an Agreement

- What's a Good Deal?
  - Ensure it is:
    - -Balanced
    - -Behaviorally Specific
    - -Written Record

# Follow Up

- Follow up meeting(s)
- Timing
- Supervision

### When Failure Occurs

- · Options to consider-
- 1. One more try
- 2.Final offer selection
- 3.Mediation/Arbitration

# **Summary and Conclusions**

• Why become a mediating organization?

**Bottom- Line Benefits** 

Performance

Productivity

Quality

Efficiency

Profitability